# Sampling Distributions \& Probability 

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## McCall Chapter 3

- measures of central tendency
- mean
- deviations about the mean
- minimum variability of scores about the mean
- median
- mode


## McCall Chapter 3

- measures of variability
- range
- variance
- standard deviation


## Population vs Sample

- why do we sample the population?
- in cases when we cannot feasibly measure the entire population
- the idea is that we can use characteristics of our sample to estimate characteristics of the population


## McCall Chapter 3

- populations vs samples
- estimators of population parameters
- based on a sample
- e.g. for estimating parameters of normal distribution
- mean, variance


## McCall Chapter 7

- sampling
- sampling distribution
- sampling error
- probability \& hypothesis testing
- estimation


## Methods of Sampling

- simple random sampling
- all elements of the population have an equal probability of being selected for the sample
- representative samples of all aspects of population (for large samples)


## Methods of Sampling

- proportional stratified random sample
- mainly used for small samples
- random sampling within groups but not between
- e.g. political polls
- random sampling within each province
- but not between provinces
- total \# samples for each province pre-determined by overall population


## Random Sampling

- each subject is selected independently of other subjects
- selection of one element of the population does not alter likelihood of selecting any other element of the population


## Sampling in Practice

- elements of the population available to be sampled is often biased
- willingness of subjects to participate
- certain subjects sign up for certain kinds of experiments
- Psych 1000 subject pool - is it representative of the general population?


## Sampling Distributions

- sampling is an imprecise process
- estimate will never be exactly the same as population parameter
- a set of multiple estimates based on multiple samples is called an empirical sampling distribution


## Sampling Distribution

Definition (sampling distribution) the distribution of a statistic (e.g. the mean) determined on separate independent samples of size $N$ drawn from a given population

## Empirical Sampling Distribution

## Sampling Distributions

- mean, standard deviation and variance in raw score distributions vs sampling distributions:


## Population Estimates

- by using the mean of a sample of raw scores we can estimate both:
- mean of sampling distribution of means
- mean of population raw scores
- we can estimate the standard deviation of the sampling distribution of the means using: $s_{\bar{x}}=\frac{s_{x}}{\sqrt{N}}$
- standard deviation of raw scores in sample divided by the square root of the size of the sample


## Standard error of the mean

- all that's required to estimate it is
- standard deviation of raw scores
- $N$ (\# scores in sample)
- it represents an estimate of the amount of variability (or sampling error) in means from all possible samples of size $N$ of the population of raw scores


## Standard error of the mean

- this is great news, it means that it's not necessary to select several samples in order to estimate the population sampling error of the mean
- we only need 1 sample, and based on its standard deviation, we can compute an estimate of how our estimate of the mean would vary if we were to repeatedly sample
- we can then use our estimate $s_{\bar{x}}$ as a measure of the precision of our estimate of the population mean


## Standard error of the mean

$$
s_{\bar{x}}=\frac{s_{x}}{\sqrt{N}}
$$

- we are dividing by $\sqrt{N}$
- thus $s_{\bar{x}}$ (standard error of the mean) is always smaller than $s_{x}$ (standard deviation of raw scores in a sample)
- said differently: the variability of means from sample to sample will always be smaller than the variability of raw scores within a sample


## Standard error of the mean

- as $N$ increases, $s_{\bar{x}}$ decreases
- for large samples (large $N$ ), the mean will be less variable from sample to sample
- and so will be a more accurate estimate of the true mean of the population
- larger samples produce more accurate and more precise estimates


## Normal Distribution

- given random sampling, the sampling distribution of the mean:
- is a normal distribution if the population distribution of the raw scores is normal
- approaches a normal distribution as the size of the sample increases even if the population distribution of raw scores is not normal
- Central Limit Theorem
- the sum of a large number of independent observations from the same distribution has, under certain general conditions, an approximate normal distribution
- the approximation steadily improves as the number of observations increases


## Normal Distribution

- why do we care about whether populations or samples are normally distributed?
- all sorts of parametric statistical tests are based on the assumption of a particular theoretical sampling distribution
- t-test (normal)
- F-test (normal)
- others...
- assuming an underlying theoretical distribution allows us to quickly compute population estimates, and compute probabilities of particular outcomes quickly and easily
- non-parametric methods can be used in other cases but they are more work


## Normal Distribution

- given two parameters (mean, variance):
- we can look up in a table (or compute in R) the proportion of population scores that fall above (or below) a given value (allowing us to compute probabilities of particular outcomes)
- we can assume the shape of the entire distribution based only on the mean and variance of our sample


## Violations of Normality

- what if the assumption of normality is violated?
- we can perform non-parametric statistical tests
- we could determine how serious the violation is (what impact it will have on our statistical tests and the resulting conclusions)
- pre-existing rules of thumb about how sensitive a given statistical test is to particular kinds of violations of normality
- monte-carlo simulations


## A single case

- suppose it is known:
- for a population asked to remember 15 nouns, the mean number of nouns recalled after 1 hour is 7.0 , and standard deviation is $2.0(\mu=7.0 ; \sigma=2.0)$
- in R use dnorm() to compute probability density



## A single case

- does taking a new drug improve memory?
- test a single person after taking the drug
- they score 11 nouns recalled
- what can we conclude?


## A single case

- 11 nouns recalled after taking drug
- what are the chances that someone randomly sampled from the population (without taking the drug) would have scored 11 or higher?
- this probability equals the area under the curve:



## A single case

- to determine probability:
- convert score to a $z$-score and lookup in a table
- $z=(11.0-7.0) / 2.0=2.0$
- or compute directly in R the probability
pnorm(11, mean=7, $s d=2$, lower.tail=FALSE)
0.0227501319481792


## A single case

- $p=0.0228$ but what is our $\alpha$ level?
- let's say $5 \%$
- if we didn't in advance have a hypothesis about whether drug should raise or lower memory score, then we need to split our $5 \%$ into an upper and lower half:



## A single case

- $p=0.0228$ and $\alpha=0.0250$ (two-tailed)
- thus $p<\alpha$ and so we can reject $H_{0}$
- remember $H_{0}$ is that:
- the drug has no effect
- any difference in our observed sample (in this case 1 score) from the population mean, is not due to the drug, but is due to random sampling error
- i.e. we just happened to randomly sample a person from the population who has good memory
- after all the population scores are distributed (normally), some are high, some are low, most are in the middle around 7.0


## A single group

- in this example, mean $\mu$ and standard deviation $\sigma$ of population were known
- typically we do not know these quantities, and we have to estimate them from our sample data


## Tests based on estimates: mean

- it turns out that the best estimate of the population mean $\mu$ is the sample mean $\bar{X}$
- easy


## Tests based on estimates: standard deviation

- we can use the standard error of the sampling distribution of the mean to estimate $\sigma$, the standard deviation of the population
- accuracy of this estimate depends on the sample size $N$
- for large samples $(N>50, N>100)$ it's fairly accurate
- for smaller samples it is not
- another theoretical sampling distribution exists that is more appropriate for smaller (realistic) sample sizes: the $t$ distribution


## The $t$ distribution

- similar to normal (z) distribution
- however: there is a different shape for each sample size $N$
- t distribution characterized by degrees of freedom $d f=N-1$



## The t Distribution

- let's sample $N=20$ subjects at random and give them our memory drug
- assume population parameter $\mu=7.0$ and $\sigma$ is unknown
- assume scores in population are normally distributed
- let's test the hypothesis $H_{0}$ that the drug has no effect
- i.e. that the sample is drawn from the population
- i.e. that any difference between sample and population is due not to the drug, but due to random sampling error


## The t Distribution

- let's say our sample mean is $\bar{X}=8.4$ and $s=2.3$
- compute the t statistic:

$$
t_{\text {obs }}=(8.4-7.0) /(2.3 / \sqrt{20})=2.72
$$

- compute the probability of obtaining a $t_{o b s}$ this large or larger under the null hypothesis
pt(2.72, 19, lower.tail=FALSE)
0.00679475335292515
- since $p<\alpha$ (if we set $\alpha=0.05$ ) we can reject the null hypothesis
- we would conclude that we have good evidence that the drug had an effect


## Confidence Interval for the mean

- our sample mean is not equal to the population mean
- it is an estimate
- using standard error of the mean, and our observed $t$ statisic, we can compute a confidence interval for the true population mean

$$
\bar{X} \pm t_{\alpha}\left(s_{\bar{X}}\right)
$$

- in our case:
- let's compute the $95 \% \mathrm{Cl}$ (2-tailed)
- so $t_{\alpha=.025, d f=19}=2.093$ (use the qt () function in R )
- $8.4 \pm(2.093)(2.3 / \sqrt{20})=(7.33,9.47)$


## Confidence Interval for the mean

- what does $95 \%$ refer to exactly?
- common misconception: it does not mean that there is a 95\% chance that the given confidence interval contains the true population mean
- too bad, this would be a useful thing to know
- what it does mean, is something quite strange:
- if we repeatedly sample from the population, each time with sample size $N$, and for each sample compute its own $95 \%$ confidence interval, then $95 \%$ of those confidence intervals will contain the true population mean
- less useful but it's the truth


## t-tests for the difference between means

- assume we have two random samples
- we want to test whether these two samples have been drawn from:
- $H_{0}$ : the same population (with the same mean)
- $H_{1}$ : two populations with different means
- compute the $t$ statistic according to:

$$
t=\frac{\left(\bar{X}_{1}-\bar{X}_{2}\right)-\left(\mu_{1}-\mu_{2}\right)}{s_{\bar{X}_{1}-\bar{X}_{2}}}
$$

## t-tests for the difference between means

- under $H_{0}, \mu_{1}=\mu_{2}$

$$
t=\frac{\left(\bar{X}_{1}-\bar{X}_{2}\right)-\left(\mu_{1}-\mu_{2}\right)}{s_{\bar{X}_{1}-\bar{X}_{2}}}=\frac{\left(\bar{X}_{1}-\bar{X}_{2}\right)-0}{s_{\bar{X}_{1}-\bar{X}_{2}}}=\frac{\left(\bar{X}_{1}-\bar{X}_{2}\right)}{s_{\bar{X}_{1}-\bar{X}_{2}}}
$$

- the numerator terms can be easily computed based on our samples
- the denominator term can be estimated from our sample data
- it turns out this denominator, the standard error of the difference between means, is estimated differently depending on whether scores in the two samples are correlated or independent


## Independent groups t-test

$$
\begin{gathered}
t=\frac{\bar{X}_{1}-\bar{X}_{2}}{\sqrt{\left[\frac{\left(N_{1}-1\right) s_{1}^{2}+\left(N_{2}-1\right) s_{2}^{2}}{N_{1}+N_{2}-2}\right]\left[\frac{1}{N_{1}}+\frac{1}{N_{2}}\right]}} \\
d f=N_{1}+N_{2}-2
\end{gathered}
$$

## Correlated groups t-test

- compute $D_{i}$ as the difference between pairs of scores in each group, then

$$
\begin{aligned}
& t= \frac{\sum D_{i}}{\sqrt{\frac{N \sum D_{i}^{2}-\left(\sum D_{i}\right)^{2}}{N-1}}} \\
& d f=N-1
\end{aligned}
$$

## t-tests in R

- in R use the $t$.test () function with the paired=TRUE or paired=FALSE parameter to indicate correlated or independent groups


## Interpretation of Statistical Significance

- statistical "significance" and scientific significant are not the same thing
- if $N$ is large you might find a statistically significant difference between groups, that is in fact tiny and is meaningless scientifically
- if $N$ is small, you might falsely conclude based on statistical tests that show no significant difference between groups that the observed difference between groups is not significant even though it may be in fact very large, and very important scientifically


## Interpretation of Statistical Significance

- we should all agree to stop saying statistically significant and instead say statistically reliable
- difference between groups is reliable not (necessarily) significant


## Interpretation of Statistical Significance

- imagine an IQ experiment where $N=10,000,000$ and $p<0.000001$
- less than 1 in 1 million chance of observing such a difference between groups, due to sampling error alone
- but what if $\bar{X}_{1}-\bar{X}_{2}$ is just 1.0 ?
- population IQ by definition is $\mu=100$ and $\sigma=15$
- this is in fact a tiny difference in IQ (just 1 point)
- it appears to be so highly statistically significant because $N$ is so large.
- What we should in fact say is that the difference between groups is extremely reliable
- We should not say that it is "extremely significant"

