

Gribble Lab Guides

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Welcome

You can find some useful guides here such as how to install and use Python environments.

These guides can be found on the web at: <https://www.gribblelab.org/guides>

You can download a .pdf version here: [Gribble-Lab-Manual.pdf](#)

You can download an .epub version here: [Gribble-Lab-Manual.epub](#)

Here is the link to head back to the [Gribble Lab website](#)

If there is anything you need to know and you can't find it here, get in touch with me

—Paul (he/him)

1 Python

The KINARM labs run on MATLAB but increasingly we are using Python to do our data analyses and computational modeling (e.g. [MotorNet](#)).

Here are some pointers to how to get going with Python, in particular [virtual environments](#).

1.1 Install Python

On MacOS I like to install Python3 using the [Homebrew](#) package manager, like this:

```
brew install python3
```

1.2 Create a virtual environment

```
python3 -m venv my-venv
```

1.3 Activate a virtual environment

```
source my-venv/bin/activate
```

1.4 Install pip

pip is what we use to install packages so we need to install pip into our venv first:

```
python3 -m ensurepip
```

1.5 Install packages into a venv

For example to install numpy:

```
python3 -m pip install numpy
```

1.6 Snapshot all installed packages

```
python3 -m pip freeze > requirements.txt
```

This creates a file called `requirements.txt` that you can keep with your code, so that anyone can reproduce your entire python environment using venv (see below)

1.7 The requirements.txt file

```
python3 -m pip install -r requirements.txt
```

1.8 Deactivate a venv

```
deactivate
```